It’s unexpected—the first visit to Los Alamos, New Mexico. It starts with the drive, as you wind through canyons framed by golden cliffs on your journey to the mesa tops. As you round the last curve, you are struck by 360 degrees of spectacular scenery—the Jemez Mountains to the west, and the Sangre de Cristo range to the north and east. It’s nature’s playground. As you round the last curve, you are struck by 360 degrees of spectacular scenery—the Jemez Mountains to the west, and the Sangre de Cristo range to the north and east. It’s nature’s playground.

### High-Altitude Health

Bring your water bottles, and drink water all day to prevent dehydration. You can refill water bottles at all of the local attractions. Also make sure to wear a hat and apply sunscreen. Visiting locations at higher elevations than you are used to increases the chance of dehydration, sunburn, headaches, nausea, dizziness, and the aggravation of pre-existing medical conditions.

### Tips From the Locals

Los Alamos has several specialty parks where you can enjoy a picnic, play a round of disc golf or miniature golf, let your four-legged friends play off the leash in a dog park, enjoy skateboarding, or play tennis by yourself or with a friend! Stop by the Aquatic Center to rent disc golf or miniature golf sets, or to learn more! For a fun winter outing, swing by the Aquatic Center and rent snowshoes and poles for the whole family. Then take a 5-minute drive to the Los Alamos County Golf Course for a great place to snowshoe and cross-country ski! Afterwards, warm up with snacks and drinks at the Cottonwood on the Greens restaurant inside the Golf Course Community Building.

### Leave No Trace - LNT.org

When enjoying the outdoors in and around Los Alamos, please remember these seven principles:
- Plan ahead and be prepared for terrain and weather
- Be aware of areas prone to flooding
- Dispose of waste properly (pack in, pack out)
- Leave what you find—ancient artifacts, wildflowers, etc.
- Abide by fire restrictions, and put campfires dead out
- Do not disturb wildlife—help protect their habitat
- Maintain courtesy toward other visitors

### Helpful Hints

#### Wildlife Encounters

In the Jemez Mountains and on the Pajarito Plateau, there are black bears, mountain lions, elk, deer, bobcats, coyotes, and more. Approaching, feeding, or disturbing wildlife is dangerous. Always keep a safe distance, and be aware of your surroundings.

#### Pets in the Parks

Pets are not permitted on any park trails within Bandelier, but are allowed on the La Jara, Valles Grande, and Coyote Call trails in the Valles Caldera. Pets are also allowed in the parking lots outside the Bandelier Visitor Center and the Valles Caldera Entrance Station, as well as in the Upper Compound and the picnic area across Anasazi Creek. Pets must be kept under physical control at all times—crated or on a leash to not exceed six feet in length.

### Travel Truths

When visiting Los Alamos on the weekdays, remember our unique little town almost doubles in size as commuters and visitors spend the day with us. During mornings heading into town, and evenings heading out of town, Trinity Dr., Diamond Dr., Central Ave., and NM-4 can be very busy. In addition, the lunch hour in downtown is a bustling time, with friends, students, families, and coworkers eating at the local restaurants. Plan ahead to avoid delays.

### Know Before You Go

#### How to Drive on Lab Property

(see inset map above)

When using NM501 (aka East & West Jemez Road) to travel between Los Alamos and the mountains, you will need to enter the Los Alamos National Laboratory’s (LANL’s) Vehicle Access Portals. Think of it as a little part of the Secret City’s past you can still experience today! Public access is available for drivers of cars, large trucks, RVs, and trailers. Simply slow down and stop when you arrive at the portal. Please have a photo ID ready (valid driver’s license, passport, or federal/DOE badge) to provide to the representative at the gate. No photography, firearms, alcohol, or illegal drugs are allowed. Random vehicle inspections do occur.

#### Follow us on Instagram

Find us @losalamoscounty to follow for photos of Los Alamos and the surrounding National Parks.

#### WiFi in Downtown Los Alamos

Connect to LA Discoveries for FREE WiFi in the Historic District.

### Manhattan Project National Historical Park Visitor Center

475 20th St., Suite C, Los Alamos

Hours vary. Please call before visiting.

505-661-6277 | nps.gov/mapr

### Los Alamos Visitor Center

475 20th St., Suite A, Los Alamos

Monday–Friday 9am–5pm

Saturday 9am–4pm, Sunday 10am–3pm

800-444-0707 | 505-662-8105

visitlosalamos.org

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Bandelier National Monument

15 Entrance Road off NM-4, Los Alamos
Park Hours: Dawn to Dusk
Visitor Center Hours: mid-May to mid-Oct: 9am-6pm
mid-Nov to mid-April: 9am-5pm
505-672-3861 ext 0 | nps.gov/band

Orientation Movie | National Parks Passport
Bandelier Museum | Gift Shop | Cafe

Bradstreet Shuttle - May to October: Visitors must use the shuttle from White Rock Visitor Center between 9am-3pm. Some exceptions apply.

Valles Caldera National Preserve
NM-4, 18 Miles west of Los Alamos
Visitor Center: May-Oct: 8am-6pm
Nov-Apr: 9am-5pm
575-829-4100 x3 | nps.gov/mapr

Visitor Contact Station | National Parks Passport
Gift Shop | Wildlife Viewing

Los Alamos Nature Center
2600 Canyon Rd, Los Alamos
Hours: Monday, Wednesday-Saturday: 10am-4pm
Tuesday: CLOSED | Sunday: CLOSED
(505) 662-0460 | losalamosnature.org

Planetarium | Pajarito Plateau Passport
Interactive Exhibits | Live Animal Exhibits
Indoor/Outdoor Play | Rotary Treehouse | Gift Shop

Los Alamos History Museum Campus
1050 Bath Bath Row, Los Alamos
Hours: Monday-Friday: 9am-5pm
Saturday: 10am-4pm | Sunday: CLOSED
505.662.4493 | losalamoshistory.org

Manhattan Project Video | Interactive Exhibits
Cold War Gallery | Ancestral Pueblo Dwelling
Romero Cabin | Historic Fuller Lodge | Gift Shop

Pajarito Mountain
397 Camp May Rd, Los Alamos
Lift Hours: 9am-4pm (weather dependent)
Ticket Office & Shop Hours: 8:30am-3:30pm (when lifts run)
505-662-5725 | pajarito.ski
Summer Biking & Hiking
day tickets for Bike Uplift cost $29
day tickets for Hike Uplift cost $10

Pajarito Mountain Skiing
Full day tickets - $59 (adults) or $45 (youth & seniors)
Half day tickets - $45 (adults) or $35 (youth & seniors)
Beginner Lift only tickets - $24
5th grade & under and seniors 70+ ski FREE

Los Alamos Trail Network
Pick up a copy of the Trail Network and Trailhead maps at any Visitor Center, the Nature Center or the County Municipal Building. Or download a digital copy at losalamosnm.us, click Trails under Things to Do.

County Facilities - losalamosnm.us
Aquatic Center
2760 Canyon Rd, Los Alamos | 505-662-8170
Golf Course
4244 Diamond Dr., Los Alamos | 505-662-8139
Ice Rink
4475 West Rd., Los Alamos | 505-662-4500
Mesa Public Library
2400 Central Ave., Los Alamos | 505-662-8250
White Rock Branch Library
10 Sherwood Blvd., White Rock | 505-662-8265

Transportation
Atomic City Transit - atomiccitytransit.com
Enjoy FREE transportation and see Los Alamos County on the Atomic City Transit buses Monday-Friday (no weekend or holiday service). Find maps and information online, or download the "MyStop" app for real-time bus stop information!

Camping & RV Parks
Experience Los Alamos' natural settings at one of the RV or tent campgrounds managed by Los Alamos County, Bandelier National Monument, or Santa Fe National Forest.

Los Alamos County - losalamosnm.us
Los Alamos Main Gate Park - RV/trailer campground
White Rock Visitor Center & RV Park - RV/trailer campground
Camp May Pavilion/Campsites - tent/trailer campground

Bandelier National Monument - nps.gov/band
Juniper Family Campground - tent/trailer campground
Ponderosa Group Campground - two group campsites

Santa Fe National Forest - fs.usda.gov/santafe/
Redondo Campground - tent/trailer campground
Jemez Falls Campground - tent/trailer campground

For detailed information about all of the Santa Fe National Forest campgrounds, visit fs.usda.gov/santafe/

Pajarito Mountain Skiing
Day tickets for Hike Uplift cost $10

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Los Alamos History Museum Guided Tour
losalamoshistory.org
Tours last approximately 1.5 hours. Tickets include museum admission and are available at the Los Alamos History Museum Shop. Tours limited to 16 people.
Monday - Saturday 11:00am
Tuesdays - Additional tour at 1:30pm
$15 ages 19+, 18 and under - FREE with a ticketed adult

Self-Guided Historic Walking Tour
visitlosalamos.org
Visit 14 points of interest, including 800-year-old Ancestral Pueblo dwellings, early 20th century architecture, a homesteader’s cabin, story-telling art, memorials to those who came before us, and the very spot where the first atomic bomb components were designed and assembled. Move at your own pace, and enjoy the museums, shopping, and restaurants along your way.

Self-Guided Spy Tour
visitlosalamos.org
Pick up a Spy Tour brochure at the Los Alamos Visitors Center or download one online.

Self-Guided Homestead Driving Tour
visitlosalamos.org
Download one online.

Self-Guided Historic Driving Tour
visitlosalamos.org
This tour will introduce you to seven sites that indicate where 17 very spots in which the first atomic bomb components were designed and assembled. Move at your own pace, and enjoy the museums, shopping, and restaurants along your way.

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Self-Guided Homestead Driving Tour
visitlosalamos.org
This tour will introduce you to seven sites that indicate where 17